LIAFS Long Island Adolescent and Family Services

LIAFS QUALIFIED TREATMENT PROGRAM(QRTP) DESCRIPTIONS:

LIAFS exists as a resource for Long Island's at risk youth and families by providing a safe and supportive environment that fosters growth, stability and independence.

LIAFS mission is to reunite families while offering support to ensure lasting stability and success.

- **QRTP Group Homes** (youth ages 5-21)
- **CFTSS Services** (Nassau and Suffolk County foster care eligible youth)
  - PSR, CPST and OLP
- **Care Management Services** (Nassau and Suffolk County Medicaid eligible youth and families

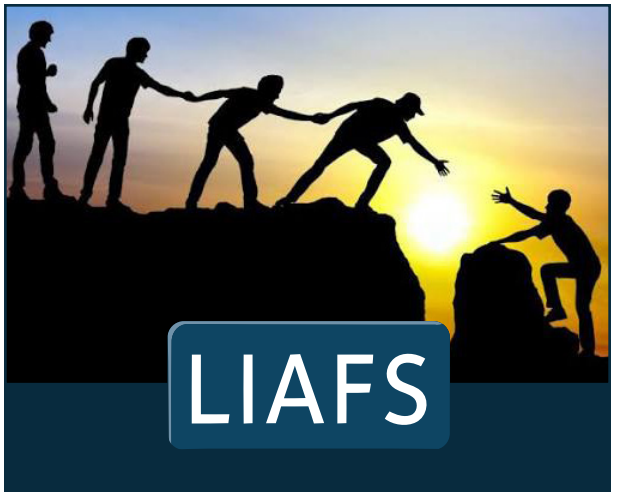
MORE INFORMATION

www.liafs.org
631-444-4400



The multidisciplinary team provides collaborative and trauma informed support for each youth to foster a successful and healthy life. The team approach is used to support and assist the youth to reach their full potential. A comprehensive range of structured yet nurturing services and supports are provided to help each youth meet their goals.

- Trauma Informed Model of Care
- Positive reinforcement behavior modification system
- Crisis Intervention on call 24/7
- Individual/group and family therapy
- CANS and CRAFFT Assessment completed for all youth
- Comprehensive Individual Treatment Plans completed within thirty days of admission
- Discharge Aftercare Plans completed within thirty days of admission
- Health and Wellness groups/activities
- Substance Abuse education
- Psychiatric and Psychological evaluations/·Medication Management (if needed)
- Educational/vocational preparation and planning
- Independent Living Skills training
- Medical and dental services
- Onsite and off-site recreation
- Community based services and education
- After care referral and follow up with youth 6 months post discharge



CFTSS Services "NEW HEIGHTS"

LIAFS provides these services to NYS Medicaid youth, who are in foster care or recently discharged from foster care and under 21 years of age to improve their health, well-being and quality of life. These services are provided in home or in the community.

- **Therapy Services- Other Limited Provider (OLP):**
  - Obtain an assessment for mental health and/or substance use needs.
  - Identify strength and abilities through individual and group counseling.
  - Obtain individual, group and family counseling where you are most comfortable.
- **Rehabilitation Services:**
  - Psychosocial Rehabilitation (PSR)
  - Community Psychiatric Support and Treatment (CPST)
- **Learn to incorporate therapy goals into everyday life.**
- **Build relationships and improve communication.**
- **Learn self-care and use of coping skills to manage emotions.**

LIAFS CARE MANAGEMENT SERVICES

LIAFS is a Care Management Agency contracted with the Health Home, The Collaborative for Children and Families (CCF).

LIAFS Care Management program provides:

- Coordination of medical, behavioral and social services for Medicaid eligible children and families with complex health needs.
- LIAFS Care Manager helps families navigate the healthcare system, schedule appointments and follow individualized plans.
- LIAFS completes a Child and Adolescent Needs and Strengths Assessment (CANS) to determine level of needs and frequency of services.
- Different from other LIAFS programs, Care Management does not require any involvement with the foster care system.



CONTACT INFORMATION

BY PROGRAM:

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THANK YOU

Thank you for your interest in our programs.
Please reach out and let us know how we can help you to be the best version of yourself.

LIAFS is licensed by the Office of Children and Family Services (OCFS)and accredited by The Council on Accreditation (COA).

LIAFS

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